



Košice
International
School

Menu 09.09.2024 - 13.09.2024

monday

morning snack - fruit puree, biscuits

lunch - vegetable borscht, pasta with quark, fresh salad

afternoon snack - graham roll, cheese spread, tomatoes,
fruit tea

tuesday

morning snack - fruit - vegetable smoothie

lunch - egg soup, meatloaf, yellow bean dish, bread

afternoon snack - bread, tuna spread, kohlrabi, orange
drink

wednesday

morning snack - poppy seed roll, butter, jam, milk

lunch - cauliflower soup, baked fish fillet, mashed
potatoes with carrot, napa cabbage salad with sweetcorn

afternoon snack - baguette with ham and cheese, fruit
drink

thursday

morning snack - yoghurt, fresh fruit, spelt flakes

lunch - irish soup, baked potatoes with eggs, pickles,
actimel drink

afternoon snack - courgette cake, vanilla milk

friday

morning snack - toasted bread, cottage cheese, radish

lunch - vegetable soup, chicken paprikash, pasta, fresh
salad

afternoon snack - broccoli swirl