



Košice  
International  
School

*Menu 07.10.2024 - 11.10.2024*

## monday

**morning snack** - plain yoghurt, cereal  
**lunch** - egg soup, creamy mushrooms, pasta, fresh salad  
**afternoon snack** - bread roll, cheese spread, tomatoes

## tuesday

**morning snack** - hummus, carrot sticks, breadsticks  
**lunch** - carrot soup, chicken in yoghurt, jasmine rice, cabbage salad  
**afternoon snack** - bread, poppy-honey spread, milk

## wednesday

**morning snack** - cream cheese with peach, buckwheat  
**lunch** - tomato soup, baked califlower with minced meat, mashed potatoes, carrot salad, clementines  
**afternoon snack** - sandwich, sour milk drink

## thursday

**morning snack** - bread, vegetable spread  
**lunch** - split pea soup with meat, pumpkin risotto, beetroot salad, actimel  
**afternoon snack** - graham bread, fish spread

## friday

**morning snack** - poppy seed roll, butter, jam, milk  
**lunch** - chicken soup, beef stew, slovak rice, fresh vegetables  
**afternoon snack** - cheese swirl

**lunch B for this week** - chicken slice, boiled potatoes, salad